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Research solutions for development of sports drivers in Lien Chieu District - Da Nang City

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Abstract

The correct assessment of the current situation and the selection of solutions to develop the dance and sport movement in Lien Chieu district, Da Nang city, is necessary to promote the role and overall effectiveness towards meeting the needs of the community posed by social practice.

Keywords: Dance sports, reality, solutions, roles, effectiveness, Lien Chieu District, Da Nang City

1. Introduction

1.1. Question

Dancesport is a type of competitive dance. It consists of 10 dances with 5 Latin dances (rumba, chachacha, jive, samba and pasodoble) and 5 standard dances (tango, slow waltz, vinnese waltz, quickstep, and foxtrot). Sports dance requires practitioners to meet all factors such as: having an enthusiastic and progressive will to practice, having a fit and flexible body, and perceiving music well and accurately. To achieve the results and requirements of the Sports Dance, in addition to personal efforts, the satisfaction of external objective requirements is necessary. However, teaching and practicing Dance and Sports in Lien Chieu district is minimal. The main reasons are due to the lack of investment conditions such as: technical facilities, equipment, teaching materials, a team of teachers and specialized trainers, so the program is There are few teaching and training plans, mainly for a part of self-selected interest, although the social demand is excellent. From that fact, it is necessary to have asynchronous and appropriate solutions of concern of proper levels in the district to meet the requirements set forth.

2. Research Methods

Research methods: document analysis and synthesis, way of discussion interview, method of pedagogical observation, a form of social investigation, method of pedagogical experimentation, method of mathematical statistics.

3. Research Results

3.1. Assessment of the current situation of the movement of practicing Dance and Sports in the area of Lien Chieu District, Da Nang City

3.1.1. Actual situation of conditions for practicing Dance and Sports in Lien Chieu District, Da Nang city.

We investigated the actual condition of the facilities to practice Dance and Sports in Lien Chieu district. The results show that the physical and technical facilities serving Dance and Sports activities in Lien Chieu district are still lacking and have not yet met the requirements of the people to practice dance and sports, especially the practice floor and projection facilities., cooling system, teaching materials.

Regarding human resources, guides, managers and executives:

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Table 1: Human resources to develop sport and dance in the area of Lien Chieu District, Da Nang city

Numerical order	Type of teacher	Degree training			
		Masters	University	college	Intermediate
1	Owner teacher	0	2	2	2
2	Contract teachers	1	0	4	3
3	Non-professional teacher	0	0	0	0
total		1	2	6	5

In general, through statistics and assessment of qualifications, working seniority, the number of instructors, coaches, and sports dance instructors in the area of Lien Chieu district, Da

Nang city, the minimum requirements are met to teach the subject. However, the number is still lacking and professional experience is limited.

Table 2: Distributing programs and plans to teach dance and sports in the area of Lien Chieu District, Da Nang city

Order	Content	Number of training sessions		Percent (%)	Program distribution/1 year	
1	Sport dance (Basic)	144	Practice	138	95.8	3 sessions/week
			Performance, competition	6	4.2	
2	Sport dance (Advanced)	96	Practice	86	89.6	2 sessions/week
			Performance, competition	10	10.4	

The teaching plan shows that the sport dance program in Lien Chieu district, Da Nang city, only focuses on basic sports dance but has not focused on advanced sports dance. In

addition, it is limited to athletes participating in the Danang Open Sports Dance Tournament and the National Sports Dance Tournament.

Table 3: Opinions on the difficulties affecting the development of dance and sport movement in Lien Chieu District, Da Nang city. (n=30)

Order	Influence level	A lot of (%)	Medium (%)	Little (%)	Not available (%)	Note
The hard towel - limited						
1	Leaders at all levels are still less interested	66.70	16.65	16.65	0	
2	Practitioners lack understanding and interest	60.71	20	19.29	0	
3	Lack of dedicated teachers, coaches, instructors	56.70	26.70	16.60	0	
4	Limited and inappropriate training programs and plans	56.70	16.70	13.30	13.30	
5	Gymnasium - the practice floor is not up to standard	83.30	16.70	0	0	
6	Lack of training aids (sounds - musical instruments ...)	56.70	33.30	10	0	
7	Lack of teaching and reference materials	66.70	16.65	16.65	0	
8	Lack of extracurricular activities – exchanges between clubs and competitions	66.70	23.30	10	0	

Surveying the opinions of managers, teachers, and coaches about the difficulties and limitations in practicing dance and sports in Lien Chieu district, Da Nang city today shows the interest of district leadership levels is limited. Most of the practitioners are ignorant and not interested in sports dancing.

In addition, training programs, teaching materials, technical facilities, competitions and extracurricular activities are still limited. In particular, very few teachers and coaches specialize in dance and sports.

Table 4: Demands and limitations in practicing dance and sports of people in Lien Chieu District, Da Nang city (n=50)

Order	Influence level	A lot of (%)	Medium (%)	Little (%)	Not available (%)	Note
A. Favorite Motivation	1. Due to the attractive and attractive nature of the sport of dance.	50	40	10	0	
	2. Tailored to personal preferences	70	24	6	0	
	3. Have teachers and friends encourage	70	30	0	0	
	4. There are enough facilities and modern exercise equipment	40	40	20	0	
	5. Encouraged and facilitated by family	100	0	0	0	
	6. Necessary for functioning in daily life	90	10	0	0	
B. Limiting factor	1. Sports dance is difficult to absorb	10	40	50	0	
	2. Inappropriate personal capacity	6	24	70	0	
	3. Lack of specialized and highly qualified teachers and trainers	50	30	20	0	
	4. Lack of exercise equipment	70	20	10	0	
	5. Lack of competition movement, wide and attractive exchanges	50	36	14	0	
	6. Lack of conditions to invest in more family exercise	30	36	24	10	

Table 4 shows that the practitioner's favorite motivation is high dance (50%) or more. This subject is suitable for the practitioner's forte; be guided, encouraged and supported by teachers, coaches, family and friends. The practitioner's awareness of who loves this sport is very high, and the

practitioner has realized the necessity of this sport for work and daily life. On the other hand, the limiting factors are the lack of teachers and in-depth coaches, the lack of facilities, the lack of synchronization and quality.

3.2 Solutions to develop sports and dance clubs in Lien Chieu district - Da Nang city

Table 5: Results of the interview to select solutions to build the sport and dance practice movement in clubs in Lien Chieu District, Da Nang city. (teachers, coaches n=30)

Order	Solution content	Necessary level	Very needed (3d)	Necessary (2d)	Need (1d)	No need (0d)	Note
1	Leaders at all levels are interested in and have regulations to encourage them		60	20	0	0	
2	Raise awareness of the social benefits of dance sports		90	0	0	0	
3	Additional lecturers, specialized trainers		75	10	0	0	
4	Develop a dance and sports training program suitable for the target audience		78	8	0	0	
5	Adding enough standard practice floors		90	0	0	0	
6	Equipped with sufficient and synchronous technical means		90	0	0	0	
7	Coordinate with units and unions to organize dance and sports tournaments...		60	14	3	0	
8	Additional teaching and reference materials		90	0	0	0	
9	Organizing practical social exchange activities		90	0	0	0	

Through Table 5, the results of interviews with knowledgeable teaching staff and coaches show that Lien Chieu district needs to pay attention to essential solutions such as raising awareness for practitioners investing in

facilities. Technical experts and trainers and trainers coordinate to organize practical activities, which are necessary and necessary solutions with a relatively high score (60-90 points).

Table 6: Level of assessment and proposal of solutions to develop the movement of people practicing dance and sports in Lien Chieu District, Da Nang city (Practizers, n=50)

Order	Content of interest	Necessary level	Very needed (3d)	Necessary (2d)	Need (1d)	No need (0d)	Note
1	The county cares a lot, there are guidelines to encourage		150	0	0	0	
2	Additional lecturers, full-time trainers (male and female)		120	10	5	0	
3	Develop a suitable exercise plan (time, program, etc.)		150	0	0	0	
4	Organizing dance sports competitions		114	16	4	0	
5	Adding enough practice floors and synchronous and appropriate teaching equipment		150	0	0	0	
6	Additional materials for practice and reference		150	0	0	0	
7	There are many forms of encouragement in competition – practice		150	0	0	0	
8	Organize for trainees to visit and exchange with professional units (dance sports) ...		150	0	0	0	

The survey of interviewees who practice dance and sports (Table 6) who need to be interested in sports dancing shows the level of evaluation and recommendations of the practitioner to the club that needs to pay attention to invest in the sport. Training by guiding and encouraging trainees, developing training plans and suitable training conditions, and social activities are essential to improving the district's quality and effectiveness of training courses, programs, and dance sports.

After interviewing teachers, coaches, and practitioners, we selected 04 groups with 9 solutions:

Group of solutions on facilities, technical equipment and infrastructure to ensure the teaching and practice of Dance and Sports

Solution group about specialized staff and lecturers

The solution group on the attention and direction of district leaders, guiding the orientation of dance and sports

Solution group for publicity, information and communication about the subject

4. Conclude

Achieving the effectiveness and requirements of sport dance requires students, teachers, and coaches to constantly strive to improve their professional qualifications in teaching and practice, perfecting their skills in life. In addition, support from objective factors such as facilities and equipment for education and training is essential.

Through the research process, 4 groups have been selected with 9 necessary solutions to contribute to the development of Dance and Sports Clubs in Lien Chieu District, Da Nang City.

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